



TRAUMA TEDDY PATTERN - 2 SIZES

(Why not knit one of each size? Larger size in brackets)

Using 8 ply wool and no. 10 (3.25) needles.

LEGS

Cast on 10 (12) sts, knit 16 (34) rows garter stitch, change colour for pants and knit 4 (8) rows. Break off yarn and leave on needle.

Knit another leg to match, do not break off yarn

BODY

Knit across all 20 (24) sts and complete 10 (14) rows for the rest of the pants.

Join in another colour for jumper and knit 10 (18) rows.

ARMS

Cast on 10 (12) sts at the beginning of the next 2 rows. 40 (48) sts. Knit 10 (18) rows. Cast off 10 (12) sts at the beginning of the next 2 rows

HEAD

Change colour for the head, and knit 24 (34) rows.

Cast off and work another side to match.

CONSTRUCTION

Join all sides but leave the top of the head open to fill. Sew across head when filled. Make ears by sewing across the corners of the head. Gather around neck with yarn to match head. Secure. Embroider face (No plastic eyes or noses please). No loose or detachable items should be added.

NB. Pattern may be varied by breaking legs into feet of 12 rows, then 30 rows for long pants before joining legs together. Changing colours and stripes also add variety and individuality to teddies. See overleaf for special instructions and ideas for faces.